

PCAP Resource Guide

Counseling Services

CMC Randolph
501 Billingsley Road
Crisis hotline 704-444-2400
Toll Free 1-800-418-2065

This location is the mental health hospital. Potential patients call where their counselors will take some basic information to be forwarded to the hospital. When a patient is admitted they will be assessed. **If a patient needs additional services they are to inform the clinician at CMC that they need community support services. This translates into case management services or therapeutic services for the client. If they do not ask they will not necessarily get these services.**

United Family Services (nonprofit agency)
601 E 5th Street Suite 400
Charlotte, NC 28202
704-332-9034

Offices located in Concord, Huntersville and Monroe,
Provides individual, family, and economic counseling services. Individual and family counseling services are based on an income based sliding scale fee. Minimum fee is 25.00.

Suicide hotline 1-800-SUICIDE (784-2433) 24 hour crisis line for individuals contemplating suicide.

Support Works
704-377-2055

www.supportworks.org

A listing on support groups in the area on issues such as eating disorders, anxiety and depression, etc...

Substance Abuse

Alcohol Drug Treatment and Referral 1-800-454-8966 Toll free number that gives information on area drug treatment centers.

Chemical Dependency Center
100 Billingsley Rd
Charlotte NC 28211
704-376-7447

Offers assessments for DWI, interventions, drug testing and general counseling and referral for alcohol/drug abuse

Substance Abuse Services
Mecklenburg County Detox
429 Billingsley Road
Charlotte NC 28211
704-336-3067

28 day residential facility for individuals addicted to crack/alcohol and going through withdrawals.

Charlotte Rescue Mission
907 West 1st Street
Charlotte, NC 28202
(704) 334-4635x226
(704) 334-4635

www.charlotterescuemission.org

Residential facility up to 20 days serving men with substance abuse and dual diagnosis SA/HIV

McLeod Center 704-332-9001

145 Remount Road
Charlotte, NC 28203

Residential and outpatient treatment center for adolescents and adults.

Domestic Violence & Sexual Assault

The Shelter for Battered Women

Location (undisclosed)

704-332-2513

24 hour counseling hotline, 30 day shelter for female victims of domestic violence and their children, support groups for women and children

Victim Assistance

720E 4th Street Suite 204

Charlotte, NC 28214

707-336-4126

Crisis Counseling, assistance with filing for a domestic violence protective order, assistance with filing for criminal charges and court accompaniment.

The Women's Commission

700N Tryon Street

Charlotte, NC 28202

704-332-3210

Crisis Counseling, advocacy and support groups for women and children

Rape Crisis and Sexual Assault- United Family Services

704-332-9034

704-375-9900 -24 hour hotline

Provides counseling and support groups for children and adults who have been victims of a rape or sexual offense. Provides court accompaniment for criminal cases and outreach in the schools. Also provides help with medical costs associated with being a victim of a violent crime. Call 704-367-2735 or 1-800-826-6200.

Shelter and Housing

Room at the Inn –Urban Ministries
945 N. College Street
Charlotte, NC
704-347-0278

www.urbanministrycenter.org

Area churches set up temporary shelter for homeless individuals. Program runs from December 1-March 31.

Salvation Army Shelter
534 Spratt Street
Charlotte, NC 28206
704-348-2560

Family social services; emergency shelters services; child day care for women in shelter; and disaster services for victims of fire, flood or natural disaster.

DOCUMENTS NEEDED FOR SERVICE: Shelter program: personal ID; Emergency Assistance: personal ID for each family member, proof of income and receipts from expenditures for last 30 days, proof of address.

Uptown Men's Shelter
1210 N. Tryon
Charlotte, NC 28206
704-334-3187

<http://www.uptownshelter.org>

Year round shelter for adult men.

Social Serve -Local resource listing for affordable housing in the Charlotte area.

www.socailserve.com

Hispanic Resources

International House
322 Hawthorne Lane
Charlotte, NC 28204
(704) 333-8099

Information and referral services, English conversation practice programs, English tutor training and matching

Catholic Social Services 704-370-3235
1123 S. Church Street
Charlotte, NC 28203

www.cssnc.org

Adoption services, marriage and family counseling, food pantry

Mi Casa Su Casa
C/o Central United Methodist Church
3601 Central Ave.
Charlotte, NC 28205
704-536-9845

Information and referral; health fairs; interpretation and translation for clients and organizations at minimal cost; volunteer opportunities for community to take an active role in organization's

events. Programs include: parenting classes; Family Nurturing Development - program of development and educational skill for parents and family; pre- and post-natal care for Latino women; Second Youth - program for senior citizens, 60 years and older.

Latin American Coalition
5471-A Central Avenue
Charlotte, NC 28212
(704) 531-3848

Information and referral; job bank; Latin American festival; Newsletter (Informativo Latino); mentor tutor program; soccer tournament; workshops and presentations.

Additional Community Resources

<http://www3.irissoft.com/uwcc/default.asp>

This is a search engine utilized by the United Way of the Central Carolinas to help people connect with a variety of community resources.

<http://www.mecklenburgamha.org/local.php>

This is a search engine managed by Mecklenburg County that enables you to customize a search for local resources.