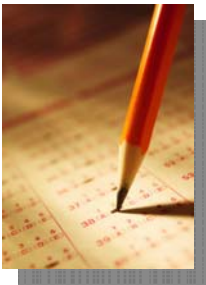


## TIPS FOR TAKING CAREER ASSESSMENTS

**Personal experience taking career assessments varies.** Many different career assessments exist, and some people prefer one more than another. If you still need more information after taking a test, let your career counselor know.

**Ultimately, you are the expert, not the assessment.** In other words, spend time thinking about your results and how they apply to you. Assessments are a great way to get ideas for careers, and you may think of other possible careers that are not on your “results”.

**It is best to take more than one assessment,** because you can compare and contrast results. You may notice trends across several assessments.



**No one else is exactly like you!** You are different than other individuals with similar results on the same assessment. Keep in mind your unique life experience as you interpret your assessment results.

**“Go with your gut”.** Do not think too hard when taking assessments. Career assessments are not “tests”; there are no “correct” answers. Your first choice is usually the right one. Be honest with your answers and your results will be more accurate.

**Career assessments are only the first step.** The next step involves exploring the careers that interest you most. Your career counselor will direct you to relevant books and internet resources. Talk with people working in your interest areas through networking and informational interviewing.

**Making a career decision is hard work.** Career assessments are a great way to increase your self-awareness and identify prospective careers. Ultimately, the decision is yours to make. Taking the right steps now will help ensure future successes.

